**COMING MARCH 27TH**

**LADIES NIGHT OUT FOR**

**SELF DEFENSE**

**A TWO HOUR EVENT FOR WOMEN ONLY.**

**YOU WILL LEARN:**

**STRANGER AWARENESS**

**ASSERTIVNESS**

**ESCAPES**

**ANTI ABDUCTION**

**AND MUCH MUCH MORE.**

**March 27th FRIDAY FROM 7:30PM TILL 9:30PM**

*call to reserve your spot*

***727-937-3488***

**THERE WILL BE REFRESHMENTS AND A TON OF FUN AND EXCITEMENT ALL WHILE LEARNING HOW TO TAKE CARE OF YOURSELF IN A BAD SITUATION**